

BEST PRACTICES – 01

Title of the practice: 10 Days workshop in - "hamar sanskriti hamar chinhari" with joint collaboration of SANGWARI

Objective of the practice:

Preservation of Cultural Heritage, Folk Art Promotion & Intergenerational Transmission

The Context:

Hamar Sanskriti Hamar Chinhari means that culture and Chinhari is an idea which is related to our culture and identity. Chinhari refers to our caste, gender, religion, language and regional context. Culture and language are a part of our identity. It is our relationships that influence the social structure and ideals that become the source of our inner sense and awareness and are a part of our identity

07/10/2023

The inaugural session was organized on the first day on 7.10.2023 in which detailed information about folk songs and other genres of various arts of Chhattisgarh was provided through the presentation of Shri Utkarsh. Festivals, their language, food habits and other detailed information were also provided.e Practice

08/10/2023

Make clay ornaments of Chhattisgarh and the method of making them.

09/10/2023

Jasgeet was practised on the third day. Jas geet was practised on the third day Jasgeet is a praise or prayer to the Goddess. First of all, the rules of Jasgeet were explained, when and how it is sung, and by giving training in its rhythm and beat.

10/10/2023

students were introduced to Chhattisgarhi traditional costumes.

11/10/2023

, the college students were given training by Utkarsh Srivastava and Utsav Srivastava on how to make Shivalinga and how to make the shape of Mahakaal in the same manner as the shape of Mahakaal which is made in the Mahakal temple of Ujjain.

12/10/2023

students were given training in making Bastar art in pots. Along with this, fellow students were taught Sua Geet and told the importance of Sua Geet.

13/10/2023

The students were taught the art of making Govardhan Parvat from cow dung and its importance.



14/10/2023

Students were taught how to make Ganesh ji from coconut, how to sing Gaura Gauri song,

15/10/2023

students were taught the art of Bharthari singing by Utkarsh. Proper light was also thrown on why and when this singing is done.

16/10/2023

Closing ceremony of ten day certificate workshop 'Hamar sanskriti Hamar Chinhari'

Evidence of success:





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Problems encountered and resources required :

1. Preserving traditional skills and crafts;- Finding way to keep traditional arts and craft alive and relevant in a changing world.
2. Logistical challenges in organizing events;- Coordinating schedules,venue,managing equipments.
3. Creating a welcoming and inclusive environment;- This involves fostering a sense of community and belonging among participants and attendees.



BEST PRACTICES – 02

Title of the practice : MilletLibrary, Millet club and Millet Dietary Club at Shri Shankaracharya Mahavidyalaya.

Objective of the practice- To provide a conducive learning environment and access to resources for academic excellence and promote awareness and adoption of millets as a sustainable and nutritious food source.

The Context- "Nourishing Body and Planet"

The Practice- Every Saturday, the Dietary Club provides a variety of healthy options to its members, including nutritious lunch options, fruit salads, millet-based diets, and ayurvedic teas. Today, the club delighted its members with Millet Pakoda made from olive oil, complemented by medicinal tea, demonstrating their commitment to healthful and delicious food choices.

- Activities:

- Guest lectures by experts on millet cultivation and nutrition
- Millet cooking competitions and workshops.

- Facilities:

Millet Library

- Comprehensive collection of different types of millets.

-Nss Camp

The second day of the camp Subhshama Singh the member of Ojas women committee member give information about the millets. Sir also gave information regarding naturopathy and at present how this therapy protects us from gas, bloating, constipation & benefits of various millets and how to make millets in home.

- Achievements:

- Successfully implemented workshops,PPT presentations ,projects made by students

Evidence of the Success





महाराष्ट्र का किसानों को फसल की कमी को पूराने में प्रभावी बनाने के लिए मिश्रण का उपयोग

महाराष्ट्र के किसानों को फसल की कमी को पूराने में प्रभावी बनाने के लिए मिश्रण का उपयोग करने के लिए सरकार ने एक योजना शुरू की है। इस योजना के तहत किसानों को फसल की कमी को पूराने में प्रभावी बनाने के लिए मिश्रण का उपयोग करने के लिए सरकार ने एक योजना शुरू की है।

Shri Shankaracharya Mahavidyalaya organises session on 'Mission Millet'

In an effort to address the issue of food security and nutrition, Shri Shankaracharya Mahavidyalaya organized a session on 'Mission Millet' on 15th June 2023. The session was held in the auditorium of the college and was attended by a large number of students and faculty members. The session was inaugurated by the Vice-Chancellor, Shri Shankaracharya Mahavidyalaya, who emphasized the importance of millets as a nutritious and sustainable food source. He also highlighted the government's initiative to promote the cultivation and consumption of millets as part of the 'Mission Millet' program. The session was a great success and was well-received by the audience.

श्री शंकराचार्य महाविद्यालय जूनवानी में राष्ट्रीय पोषण मास के अवसर पर अतिथि व्याख्यान एवं प्रश्नोत्तरी प्रतियोगिता का आयोजन...



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Problems encountered & Resource required-

Notes-Here are the problems encountered and resources required for the Military Library, Millets Club, and Millets Dietary Club at Shri Shankaracharya Mahavidyalaya:

Problems Encountered:

- Limited awareness about millets and their benefits
- Inadequate infrastructure for library and clubs
- Insufficient funds for resources and events
- Limited participation from students and faculty

Resources Required:

- Books and digital resources on millets and nutrition
- Library infrastructure and equipment
- Funding for events, workshops, and guest lectures
- Millet seeds and cooking equipment for dietary club
- Marketing materials for promotional activities
- Support from faculty and administration for club activities

